

ASPPA 2024



Neonatal Airway Management

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20th ASPA Conference & 3rd Paediatric Anaesthesia Meeting of MSPA

SAFE: Safe & Sustainable Anaesthesia for Every Child

11 - 14 July 2024

Borneo Convention Centre, Kuching (BCCCK)

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European Society of
Anaesthesiology and
Intensive Care

Airway Management Guidelines for Neonates and Infants

01 Plan

Share your plan and ensure equipment & expertise are available

02 Identify

Anticipate difficult airway management through medical history and physical examination

03 Oxygenate

Provide peri-procedural oxygen: From pre-oxygenation to apnoeic oxygenation

04 Anaesthetize and Paralyze

Provide adequate anaesthesia/sedation for all children and paralysis if spontaneous breathing is not required

05 Video Laryngoscopy

Videolaryngoscopy improves the first attempt success rate and can be used for teaching and feedback

06 Rescue

Supraglottic airway devices should be used as rescue for ventilation and oxygenation and for fiberoptic guided intubation

07 Tracheostomy & ECMO

Surgical tracheostomy and ECMO should be considered if oxygenation and ventilation are severely impaired and spontaneous respiration cannot be restored

08 Extubation

Planning for extubation is as important as for intubation

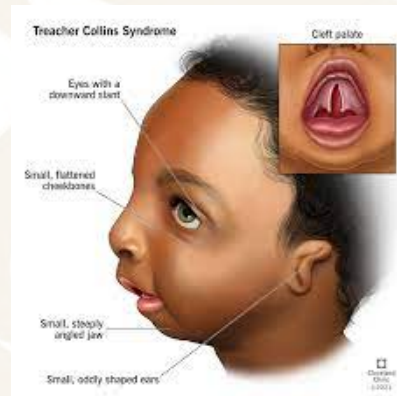
09 Human Factors

Identification of human factors improves communication and teamwork

PICO 1. Pre-operative airway assessment to predict difficulty

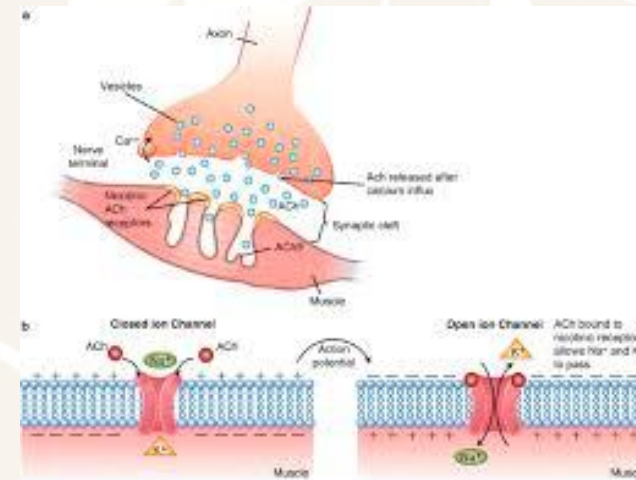


We recommend the use of medical history and physical examination to predict difficult airway management in neonates and infants. (1C)



PICO 2. Pharmacology

- We recommend **adequate level of sedation or general anaesthesia** in during airway management (1B).
- We recommend **neuromuscular blockade** prior to tracheal intubation, when spontaneous breathing is not necessary (1C).



PICO 3. Tracheal intubation

- R: We recommend **video-laryngoscopy** as **first choice** for tracheal intubation of neonates and infants (1B), including for tracheal intubation in the lateral position (1C)
- CPS: Video-laryngoscopy should also be used for **teaching** purposes using a “dual approach”.



First-attempt success rate of video laryngoscopy in small infants (**VISI**). Lancet. 2020;396(10266):1905-1913.



Direct vs video laryngoscopy and supplemental oxygen for neonatal and infant intubation (**OPTIMISE**). Lancet Child Adolesc Health. 2023;7(2):101-111.

Apnoeic oxygenation

We recommend the use of apnoeic oxygenation during tracheal intubation in neonates (1B), and in older children when they are at risk of hypoxemia

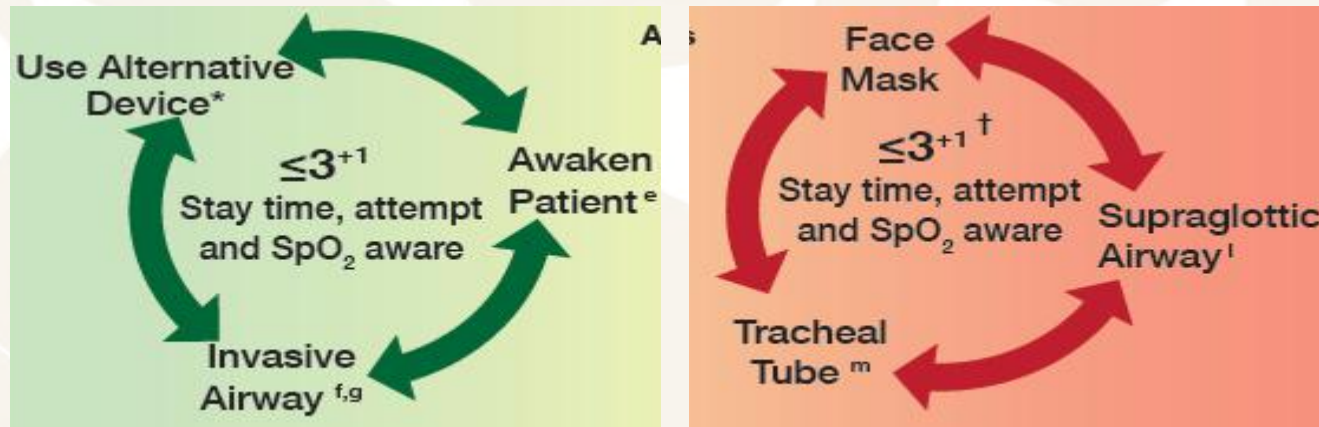


N Engl J Med. 2022 Apr 28;386(17):1627-1637.

Lancet Child Adolesc Health. 2023;7(2):101-111.

PICO 4. Difficult intubation

- We recommend **limiting the number of tracheal intubation attempts (3+1)**, by reassessing the clinical condition and by considering a change to a different technique and/or a different provider after every single attempt (1C).



PICO 5. Confirmation of tracheal intubation

- We recommend the **immediate verification of successful intubation** with both **clinical assessment** and end-tidal carbon dioxide (EtCO₂).
- A “second look” with **videolaryngoscopy** in complex patients, if the above is not enough (1C)

PICO 6. Strategies for extubation

- We suggest to assess clinical signs to predict successful extubation. (2C). Equipment for re-intubation should be immediately available at extubation, and an extubation plan is in place





Road to Excellence

1. Apnoeic oxygenation



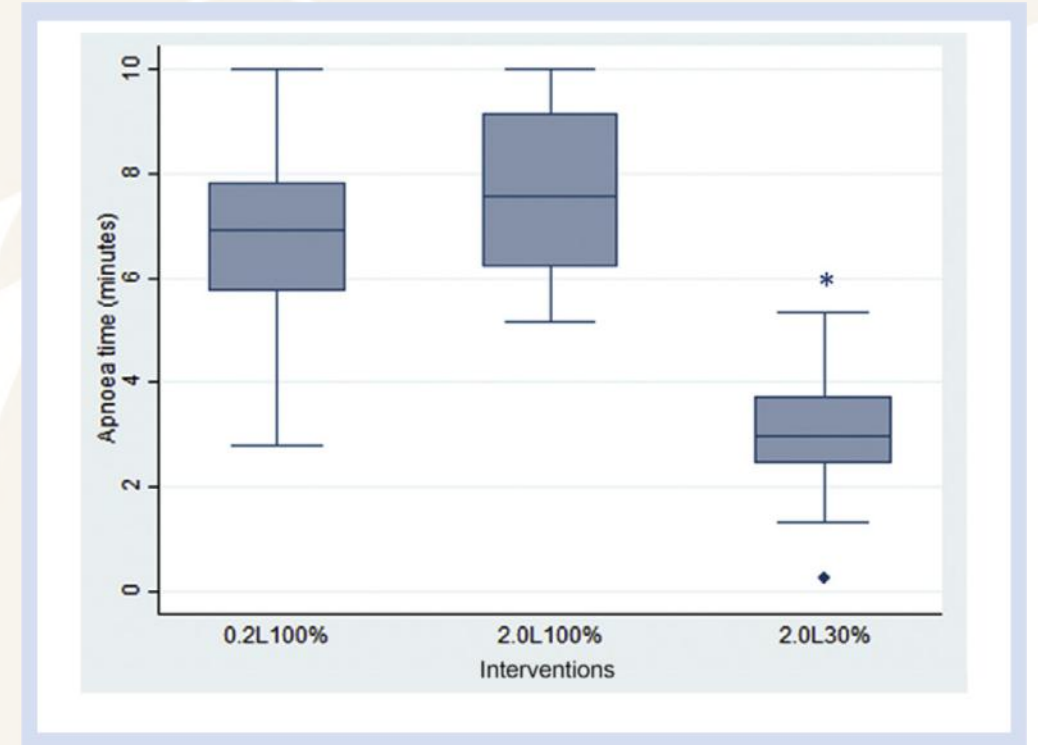
High-flow vs low-flow?

Transnasal humidified rapid insufflation ventilatory exchange for oxygenation of children during apnoea: a prospective randomised controlled trial

T. Riva^{1,#}, T. H. Pedersen^{1,*,#}, S. Seiler¹, N. Kasper¹, L. Theiler¹, R. Greif¹ and M. Kleine-Brueggene^{1,2}

¹Department of Anaesthesiology & Pain Therapy, Bern University Hospital, Inselspital, Freiburgstrasse 8, 3010 Bern, Switzerland and ²Department of Anaesthesia, Evelina London Children's Hospital, Guy's and St. Thomas' NHS Foundation Trust, London, UK

- 1-6 years, 10-20kg



	Low-flow 100% O ₂ 0.2 litres kg ⁻¹ min ⁻¹ (n=18)	THRIVE 100% O ₂ 2.0 litres kg ⁻¹ min ⁻¹ (n=20)	THRIVE 30% O ₂ 2.0 litres kg ⁻¹ min ⁻¹ (n=20)	P-value
Apnoea time reaching 10 min	2 (11)	4 (20)	0 (0)	<0.001*
Transcutaneous CO ₂ 65 mmHg	13 (72)	16 (80)	0 (0)	
SpO ₂ 95%	3 (17)	0 (0)	20 (100)	

Apnoeic oxygenation during paediatric tracheal intubation: a systematic review and meta-analysis

Alexander Fuchs^{1,2,*}, Gabriela Koepf^{1,†}, Markus Huber¹, Jonas Aebli¹, Arash Afshari³, Rachele Bonfiglio², Robert Greif^{4,5}, Andrea C. Lusardi², Carolina S. Romero⁶, Marc von Gernler⁷, Nicola Disma^{2,†} and Thomas Riva^{1,†}



15 studies included

- 10 randomised
- 4 pre-post studies
- 1 prospective observational



8 randomised trials included in meta-analysis



9,802 paediatric patients (age < 16 years) requiring tracheal intubation

Outcome

First pass success rate of tracheal intubation (3 studies)

Incidence of hypoxia (3 studies)

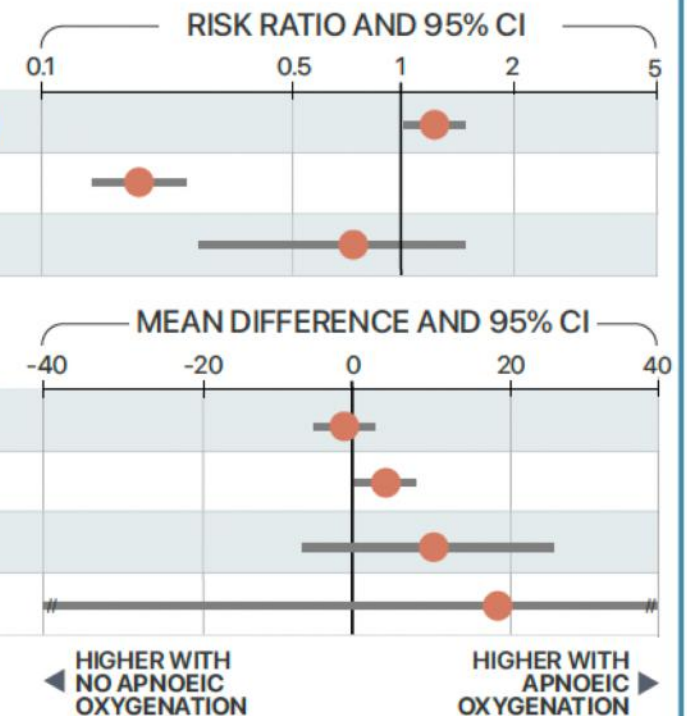
Incidence of bradycardia (2 studies)

Number of tracheal intubation attempts (3 studies)

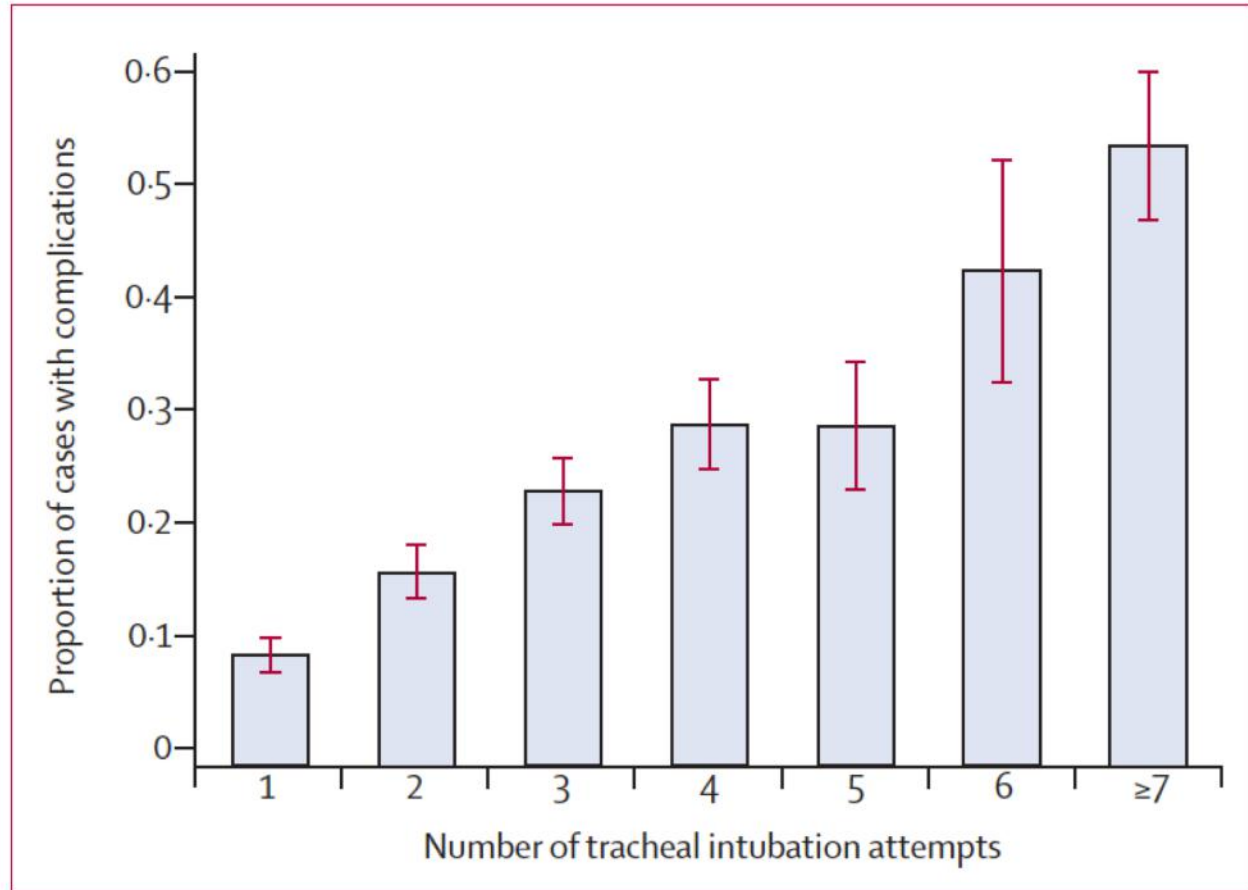
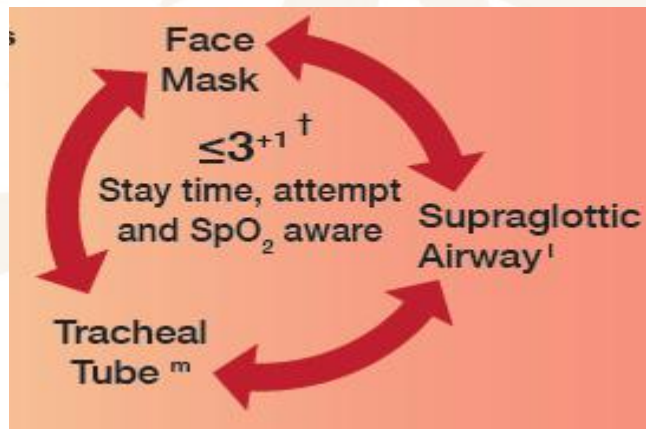
Lowest oxygen saturation (%) (5 studies)

Time (seconds) to successful first intubation (6 studies)

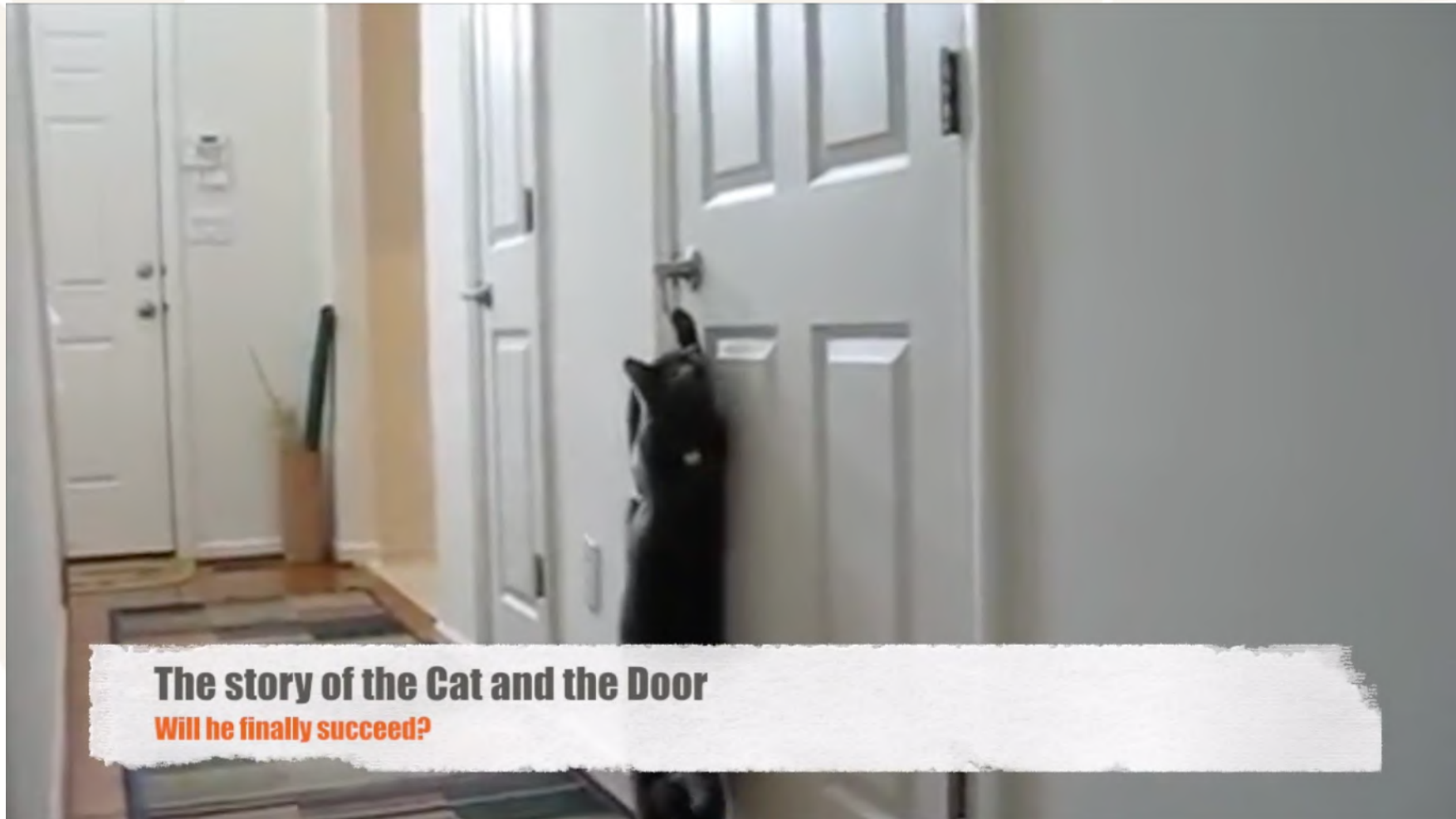
Apnoea time (seconds) (2 studies)



2. Limit the number of attempts



Perseverance is not always your friend



The story of the Cat and the Door

Will he finally succeed?

3. VL vs DL



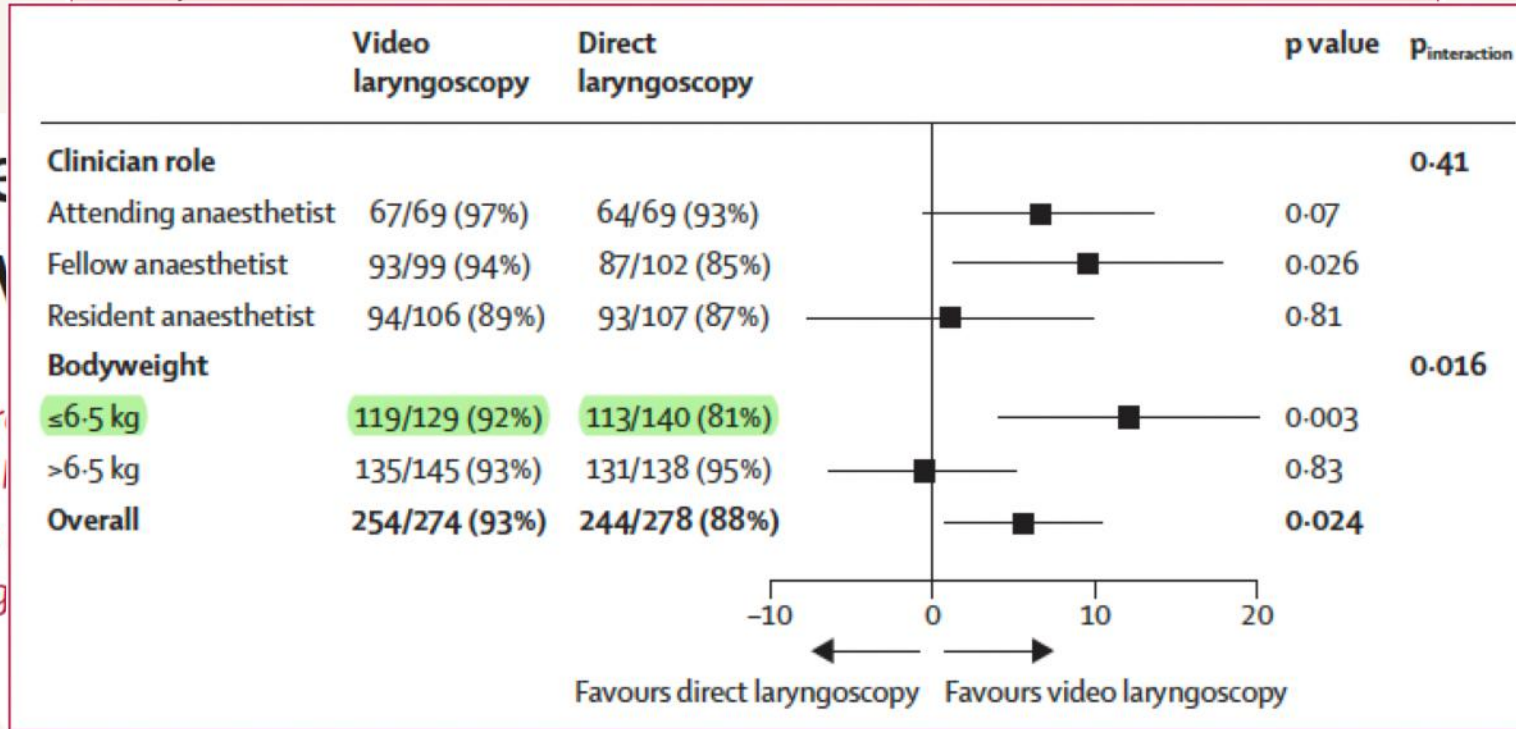
Vs



First-attempt intubation in small ed trial

Annery G Garcia-Mar, Adolfo Gonzalez, Siri Heather Griffis, Akira Collaborative investig

	All patients (n=552)	Video laryngoscopy (n=274)	Direct laryngoscopy (n=278)	Adjusted absolute risk difference (95% CI)*	p value
Successful first-attempt intubation					
Modified Intention-to-treat analysis	498 (90%)	254 (93%)	244 (88%)	5.5 (0.7 to 10.3)	0.024
Per-protocol analysis	496/550 (90%)	252/272 (93%)	244/278 (88%)	5.4 (0.6 to 10.2)	0.028
Secondary outcomes†					



on small ed trial
r Sathyamoorthy, d Sommerfield, e, on behalf of the PeDI

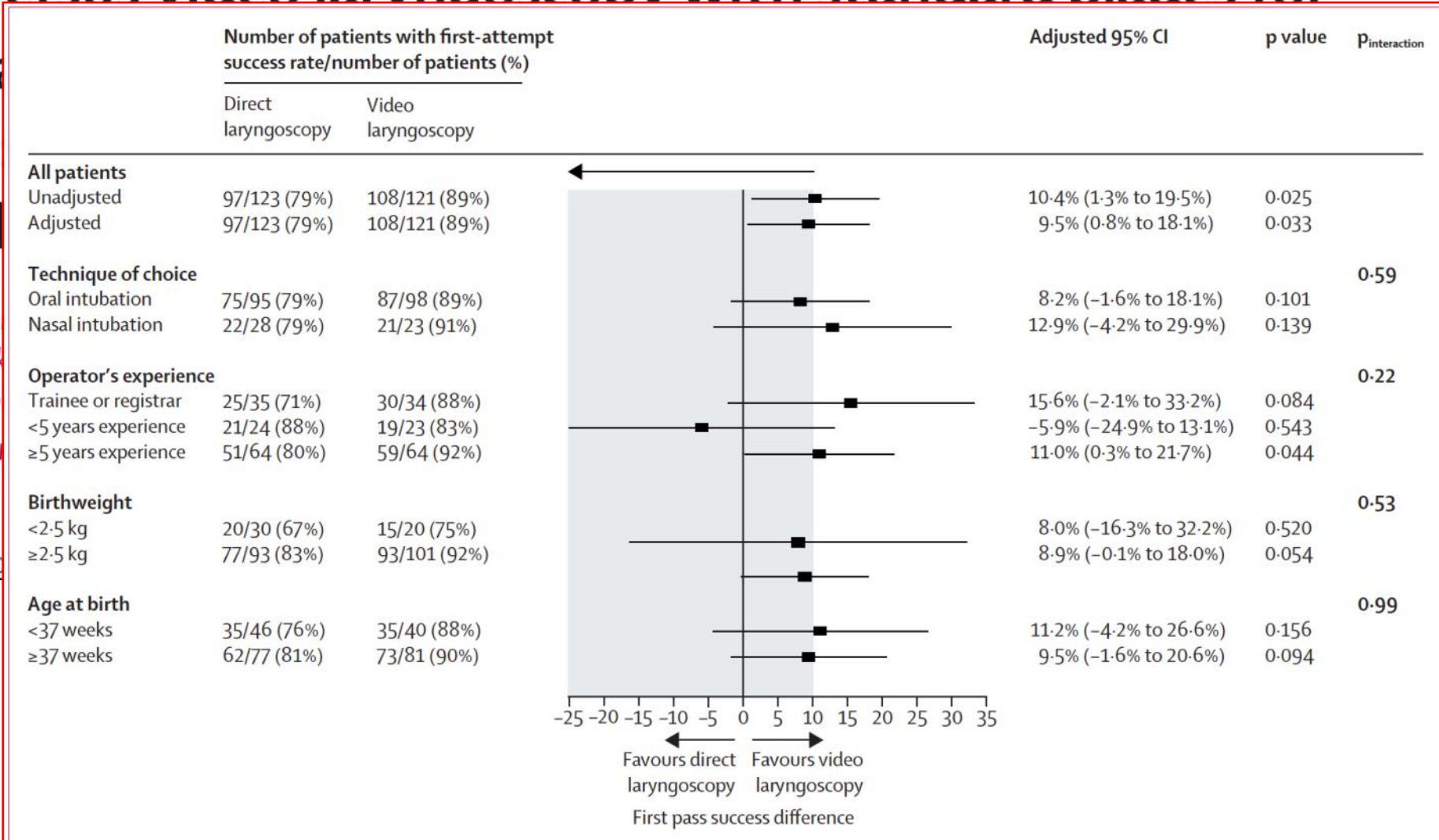
Yes	91 (17%)	30 (11%)	61 (22%)
Unknown**	162 (30%)	82 (30%)	80 (29%)

Data are n (%) or n/N (%), unless otherwise indicated. POGO=percentage of glottic opening. GEE=generalised estimating equation. *GEE models with exchangeable working correlation structures were used to adjust for clustering of patient outcomes within the same clinician and site. Imbalanced variables (ie, gestational age), stratification variables (ie, site identification and clinician role), and a priori variables (ie, American Society of Anesthesiologists physical status and weight group) were included as covariates in the model. †Secondary outcome results are exploratory. ‡Defined as lowest oxygen saturation less than 90%. §Defined as lowest oxygen saturation less than 90% but greater than 80%. ¶Defined as lowest oxygen saturation 80% or less but greater than 50%. ||Defined as lowest oxygen saturation 50% or less. **Unknown values for cricoid or laryngeal pressure use were not included in the adjusted GEE model.

Table 2: Primary and secondary outcomes by assigned treatment groups

Direct versus video laryngoscopy with standard blades for neonatal oxygen control

Thomas Riva, Th
Walid Habre, Mark
OPTIMISE Collabo
Lancet Child Adolesc
Published Online
November 24, 2022
<https://doi.org/10.10>



Video versus Direct Laryngoscopy for Urgent Intubation of Newborn Infants

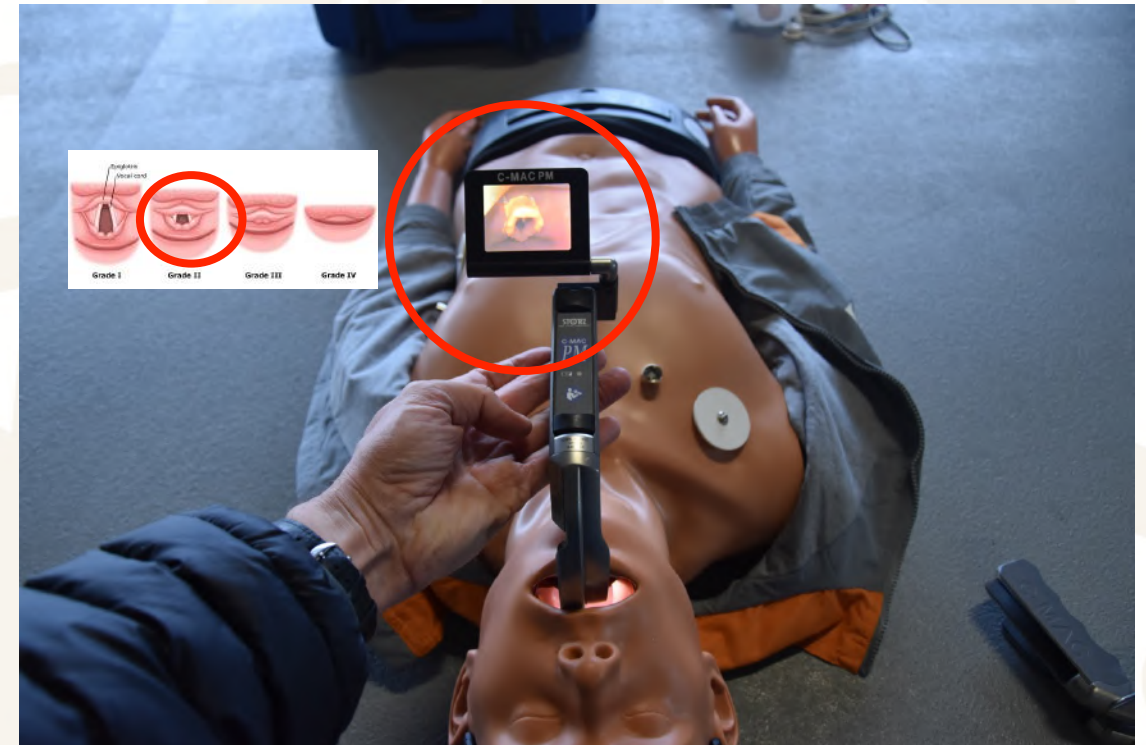
Lucy E. Geraghty, M.B., Emma A. Dunne, M.B., Ph.D.,
Caitríona M. Ní Chathasaigh, M.B., Akke Vellinga, Ph.D., Niamh C. Adams, M.B.,
Eoin M. O'Curraín, M.B., Ph.D., Lisa K. McCarthy, M.B., Ph.D., and
Colm P.F. O'Donnell, M.B., Ph.D.

This article was published on May 5, 2024,
at NEJM.org.

Outcome	Video-Laryngoscopy Group (N=107)	Direct-Laryngoscopy Group (N=107)
Primary outcome: successful intubation on first attempt (overall)		
No. of patients	79	48
Percentage of patients (95% CI)	74 (66–82)	45 (35–54)
P value for video laryngoscopy vs. direct laryngoscopy	<0.001	—
Oxygen saturation		
Outcome		
Video-Laryngoscopy Group (N=107)		
Direct-Laryngoscopy Group (N=107)		
No. of patients assessed	98	100
Median lowest oxygen saturation during procedure (95% CI) — %	74 (65–78)	68 (62–74)
<90% — % of patients*	74 (65–82)	90 (84–96)
<80% — % of patients*	61 (52–71)	75 (66–84)
<70% — % of patients*	45 (35–55)	53 (43–63)

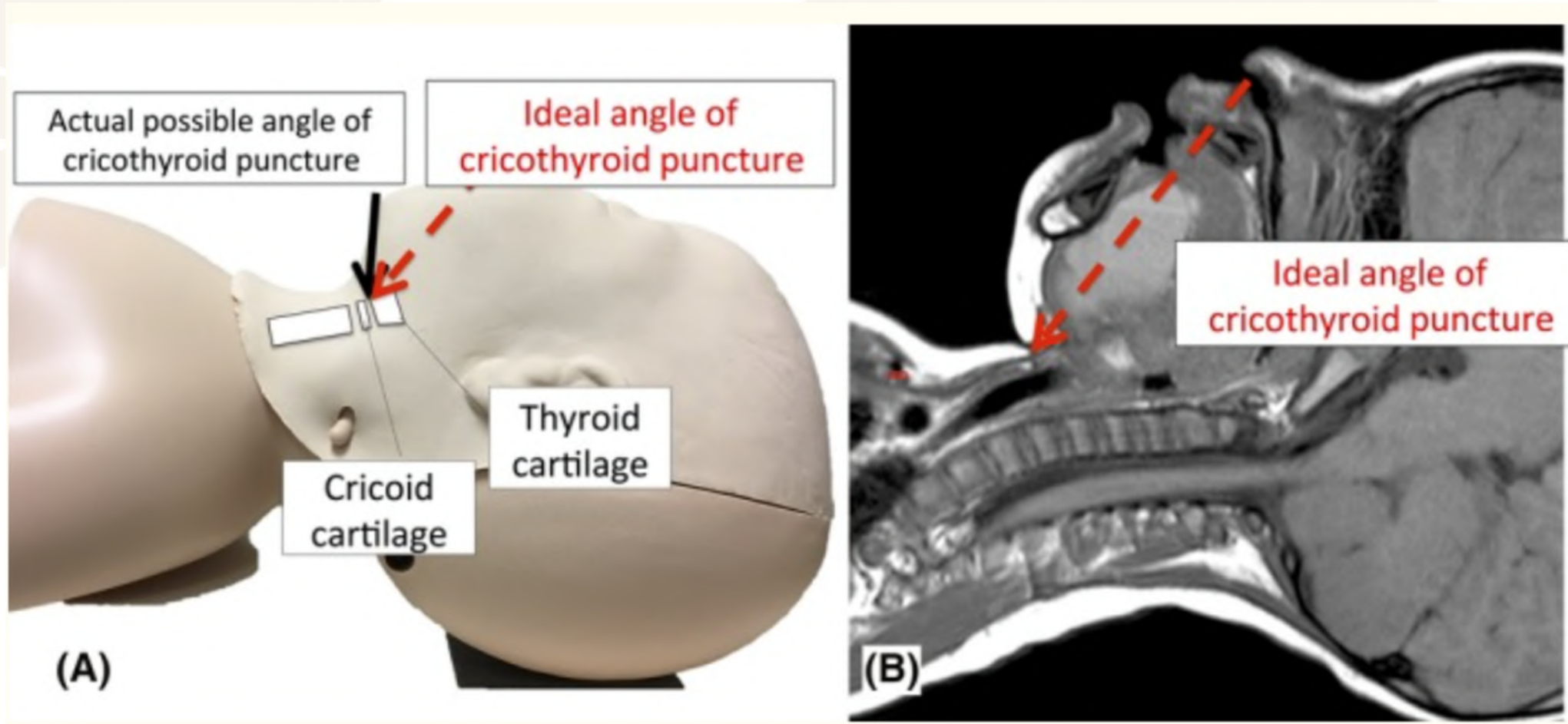
3. Use technology for teaching

Videolaryngoscopy to Teach Neonatal Intubation: A Randomized Trial





4. CICO management



Methods

“Rapid Sequence Tracheotomy” RST

Ulmer et al,
2019



①

Skin incision + trachea preparation (blade #10)



②

Luxation of the trachea with 3rd backhaus clamp



③

Tracheal puncture with tip-scissors of no more than 2 tracheal rings



④

Insertion of the tracheal tube

“Scalpel Bougie Tracheotomy” SBT

Both et al,
2021



Skin incision + trachea preparation (blade #11)



Tracheal puncture with a scalpel (blade #11)



8 Fr Frova catheter is inserted



Insertion of the tracheal tube

CANNOT INTUBATE, CANNOT OXYGENATE (CICO)

 CALL FOR EXPERT HELP



UNSUCCESSFUL
FOUR-HANDED FACEMASK VENTILATION
SUPRAGLOTTIC AIRWAY DEVICE
▶ TRY TO MAINTAIN OXYGENATION

CHILDREN
< 8 YEARS

eFONA

CHILDREN ≥ 8 YEARS
AND ADULTS

TRACHEOSTOMY

Puncture site: 1st-2nd tracheal ring

SCALPEL BOUGIE

Equipment needed:

- size 11 pointed tip blade scalpel (x 1)
- needle holders (x 2)
- size 8 Fr Frova intubating introducer (x 1)
- age adapted cuffed tracheal tube (x 1)

Steps:

- 1 identify anatomical structures and stabilize the trachea with laryngeal handshake
- 2 vertical skin incision with 11-blade scalpel
- 3 grasp the skin with the clamps, dilate the incision and cut the different layers until the trachea is seen
- 4 open the trachea (max 2 tracheal rings) with a longitudinal incision with the tip of the scalpel
- 5 insert a 8 Fr Frova catheter in the trachea and advance it caudally
- 6 insert a cuffed tracheal tube according to the size of the child over the catheter to secure the airway and ventilate the lungs
- 7 in case of difficulties during tube placement, oxygenate through the Frova intubating introducer
- 8 confirm correct tube placement with EtCO₂

CRICOTHYROIDOTOMY

Puncture site: cricothyroid membrane

SCALPEL BOUGIE

Equipment needed:

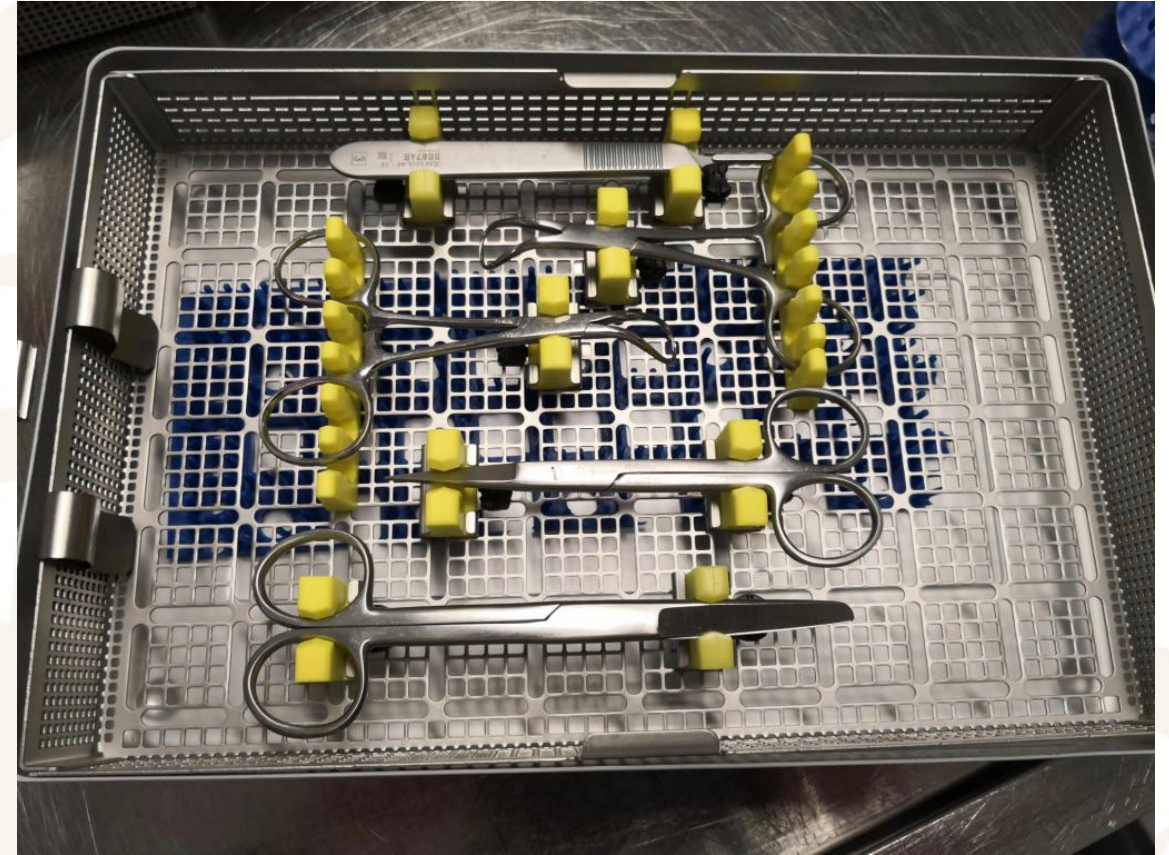
- size 10 curved blade scalpel (x 1)
- needle holders (x 2)
- Children: size 8 Fr Frova intubating introducer (1x)
Adults: size 11 Fr Frova intubating introducer (1x)
- Children: age adapted cuffed tracheal tube (1x)
Adults: 5 mm ID cuffed microlaryngeal tracheal tube (1x)

Steps:

- 1 identify anatomical structures and stabilize the trachea with laryngeal handshake
- 2 transverse incision through cricothyroid membrane
- 3 turn blade through 90° (sharp edge caudally)
- 4 insert a size 8/11 Fr Frova catheter in the trachea and advance it caudally
- 5 insert a cuffed tracheal tube according to the size of the patient over the catheter to secure the airway and ventilate the lungs
- 6 in case of difficulties during tube placement, oxygenate through the Frova intubating introducer
- 7 confirm correct tube placement with EtCO₂

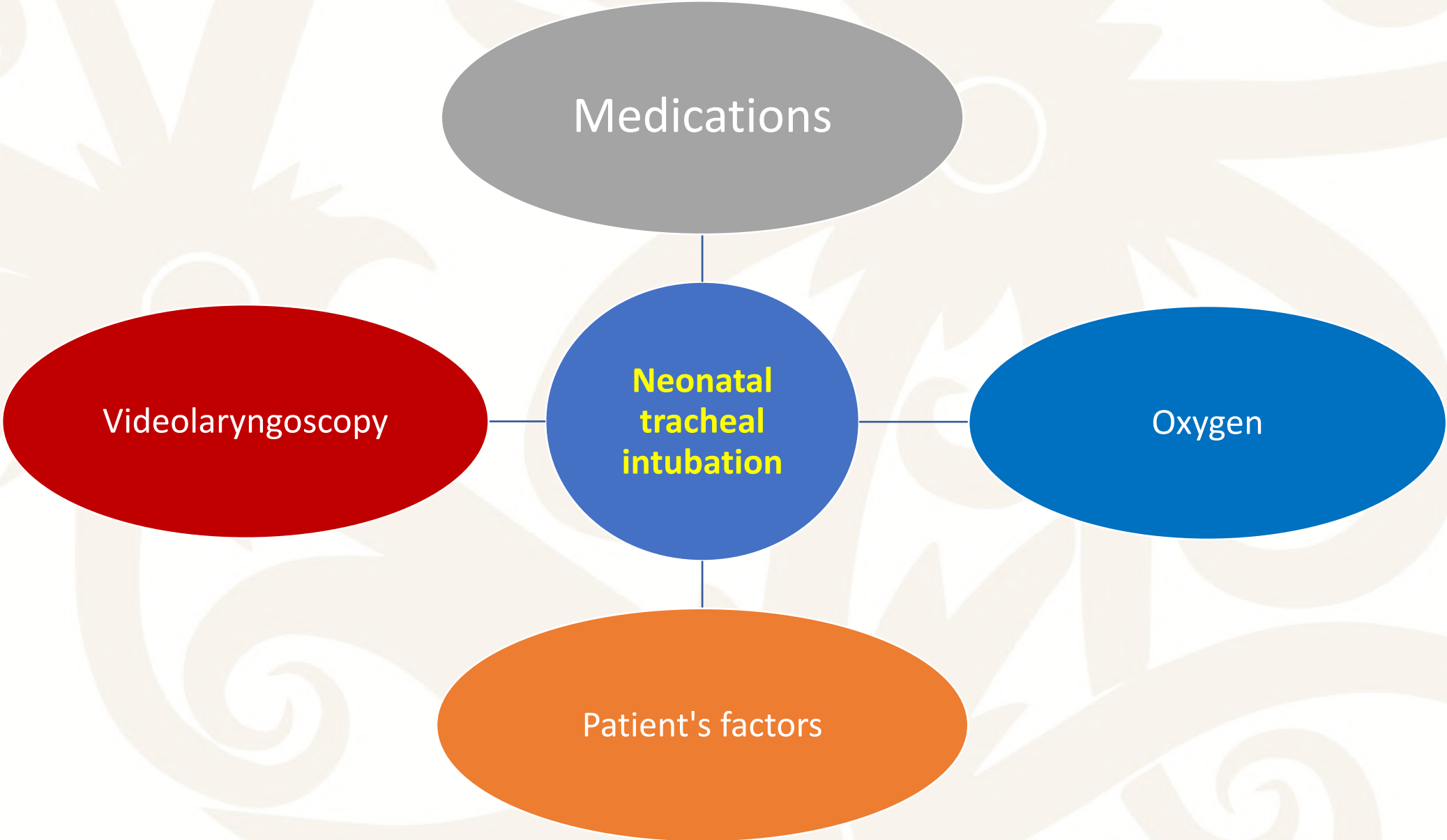
OR
PERCUTANEOUS
with ready to use sets

Emergency tracheotomy set





Human factors and paediatric competencies



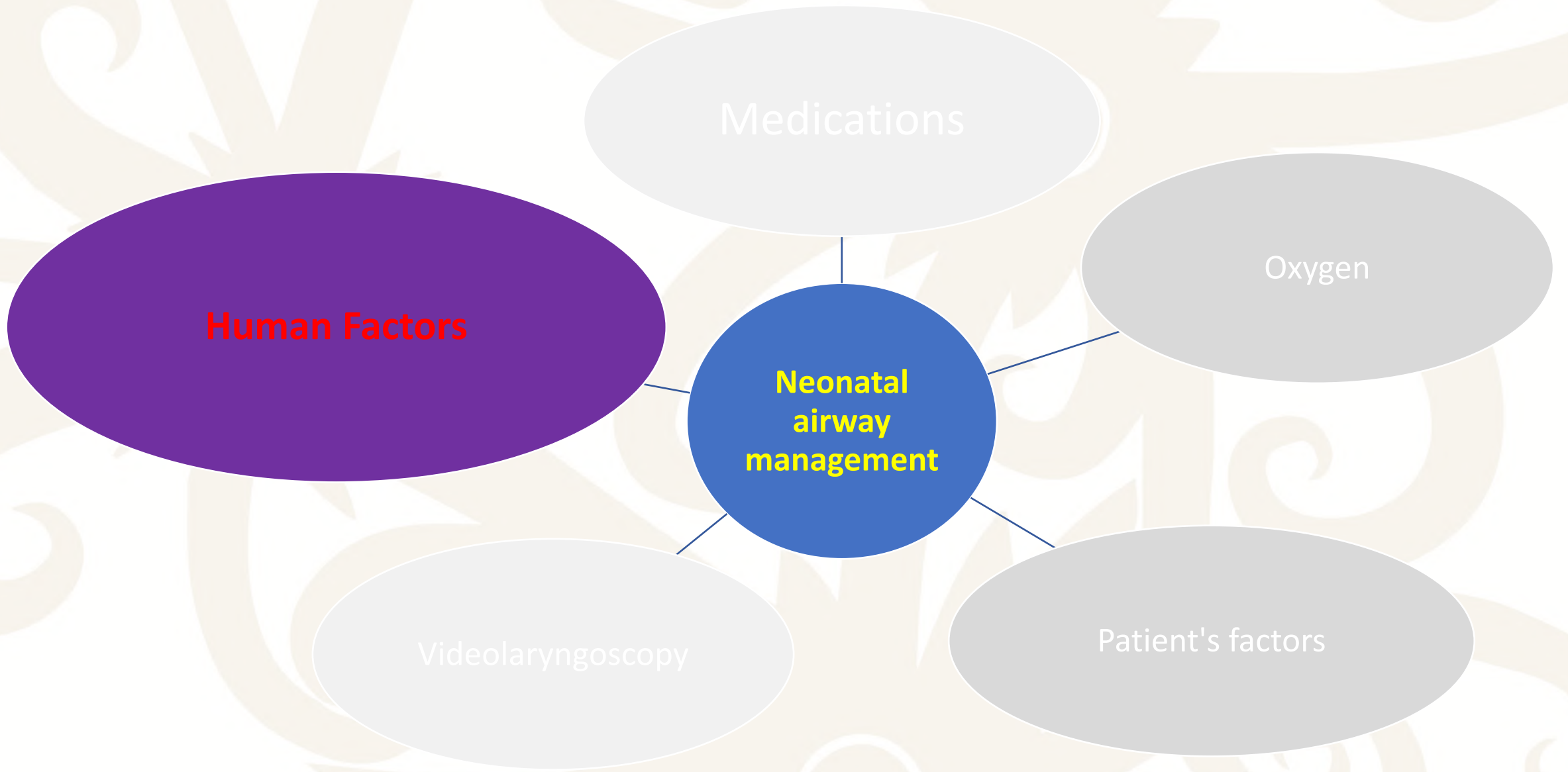
Medications

Videolaryngoscopy

**Neonatal
tracheal
intubation**

Oxygen

Patient's factors



Human Factors

Medications

Oxygen

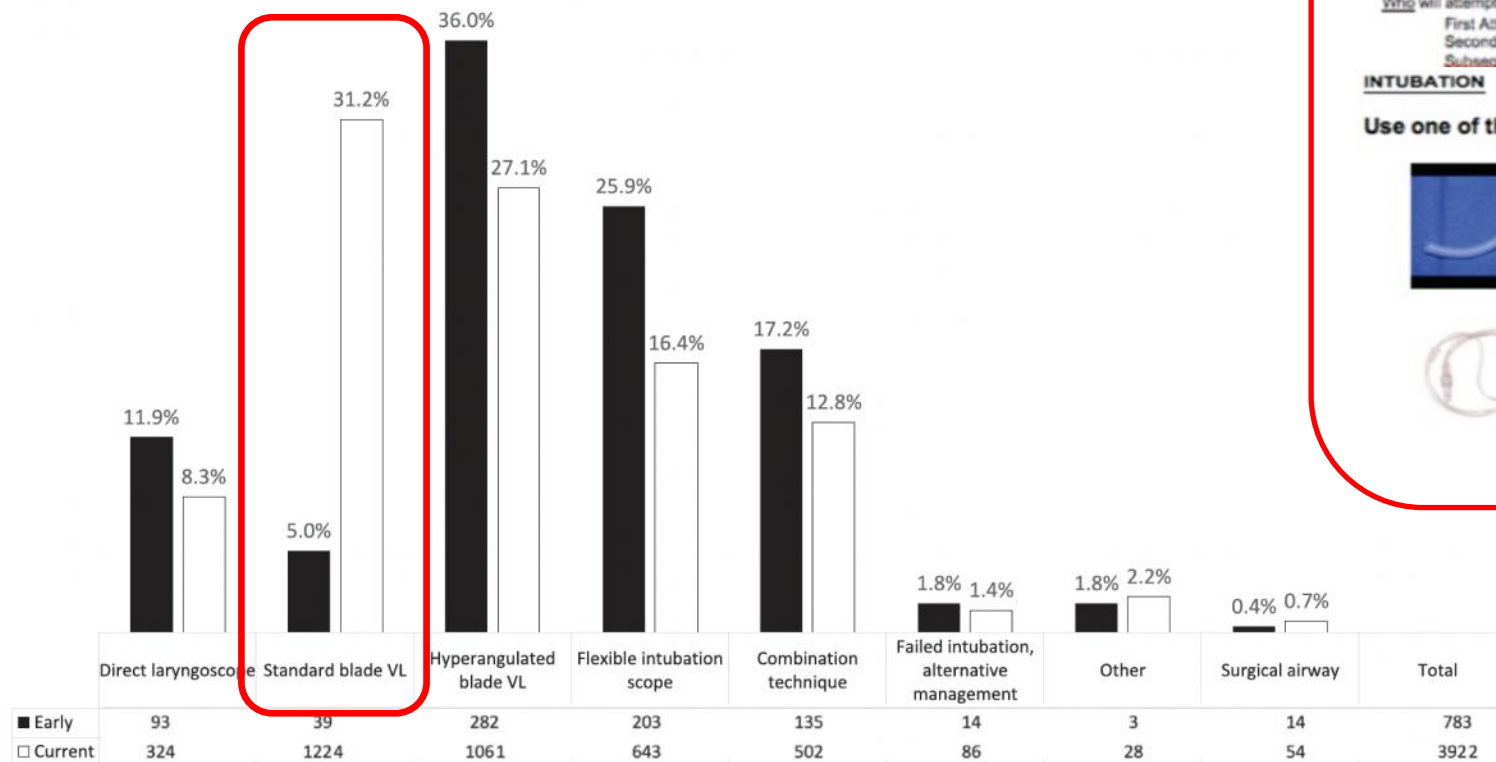
**Neonatal
airway
management**

Patient's factors

Videolaryngoscopy

Airway management in the paediatric difficult intubation registry: a propensity score matched analysis of outcomes over time

Mary Lyn Stein,^{a,*} Lina Andrea Sarmiento Argüello,^b Steven J. Staffa,^a Julia Heunis,^c Chinyere Egbuta,^a Stephen G. Flynn,^a Sabina A. Khan,^d Stefano Sabato,^e Brad M. Taicher,^f Franklin Chiao,^g Adrian Bosenberg,^h Angela C. Lee,ⁱ H. Daniel Adams,^j Britta S. von Ungern-Sternberg,^k Raymond S. Park,^a James M. Peyton,^a Patrick N. Olomu,^l Agnes I. Hunyady,^h Annery Garcia-Marcinkiewicz,^m John E. Fiadjoe,^{a,n} and Pete G. Kovatsis,^{a,n} for the PeDI Collaborative Investigators




Difficult Airway Bundle Checklist


Date: _____ [Place patient sticker here]
 Time: _____

Planning
 Who will attempt to intubate?
 First Attempt: Resident Fellow CRNA Attending Anesthesiologist Other physician
 Second Attempt: Resident Fellow CRNA Attending Anesthesiologist Other physician
 Subseq Attempts: Resident Fellow CRNA Attending Anesthesiologist Other physician


INTUBATION
 Use one of the supplemental O₂ techniques below during Tracheal Intubation:




Modified Nasal trumpet connected to circuit with 6L/Min



Oral Rae tube in the corner of the mouth



Nasal Cannula at least 6L/Min flow oxygen

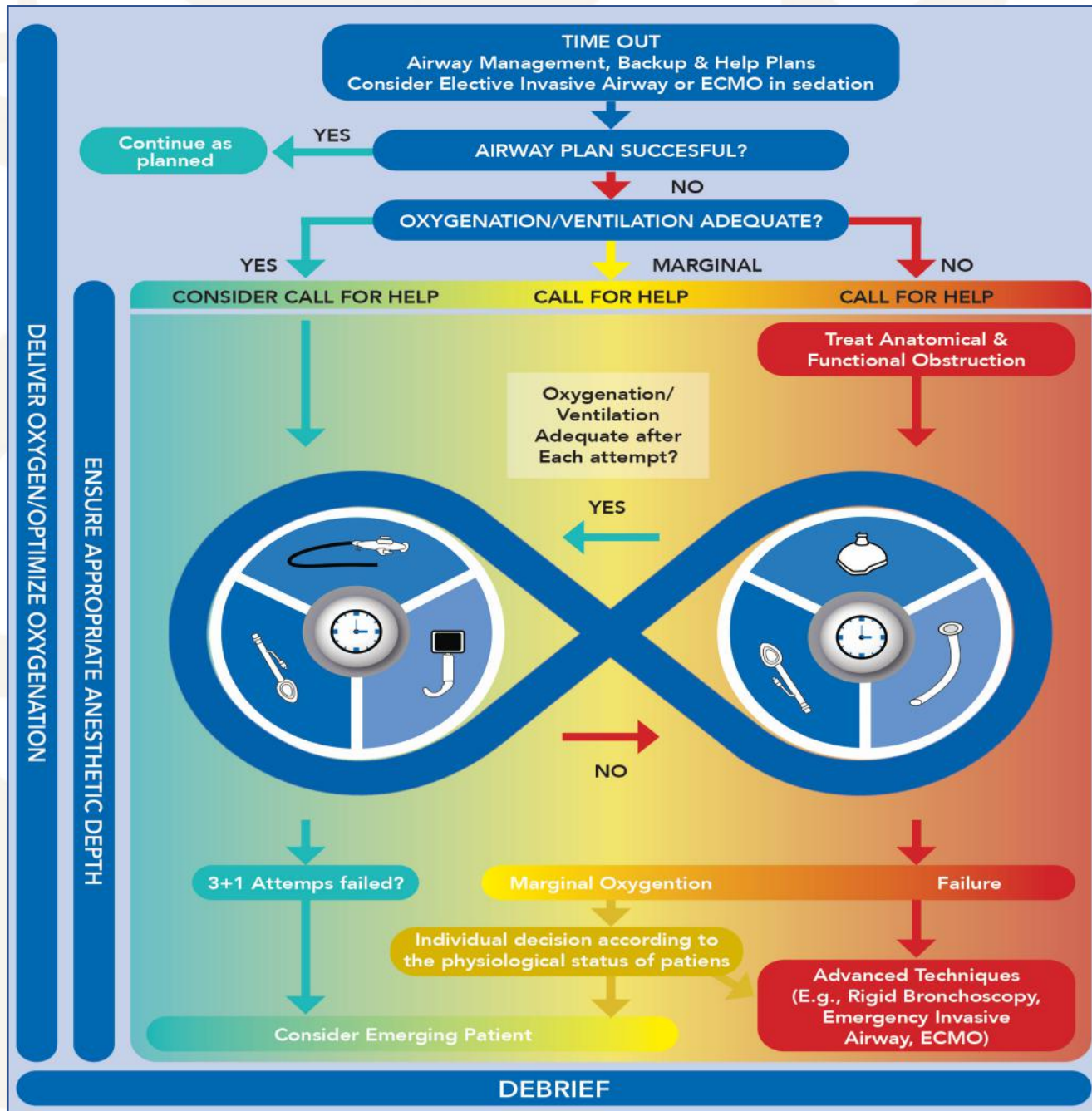
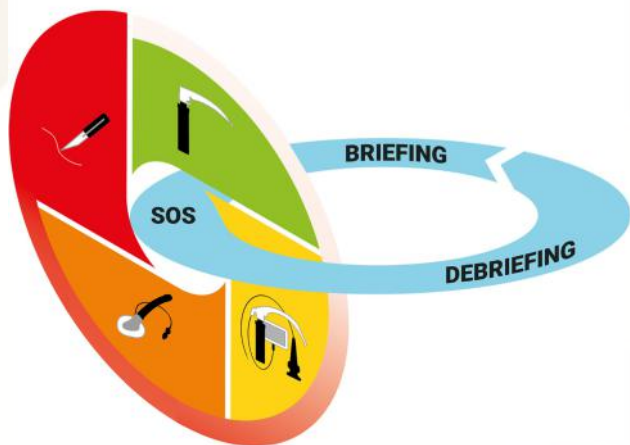


Continuous Ventilation through SGA using a bronchoscopic adapter



TECHNICAL SKILLS

NON TECHNICAL SKILLS



ERROR TRAPS

Preparation Error

- Inadequate planning
- Communication

Performance Error

- Unnecessary attempts
- Relying on direct laryngoscopy
- Inadequate anesthetic depth

Proficiency Error

- Unfamiliar with advanced airway techniques
- Skill degradation

COGNITIVE BIASES

Anchoring: fixation or tunnel vision on an initial assessment or intervention and not adjusting to changes

Authority: tendency to concede to viewpoint of an authority figure

Omission: inaction from fear of being wrong or doing harm

Overconfidence: overestimation of one's skills, or not recognizing the need for help

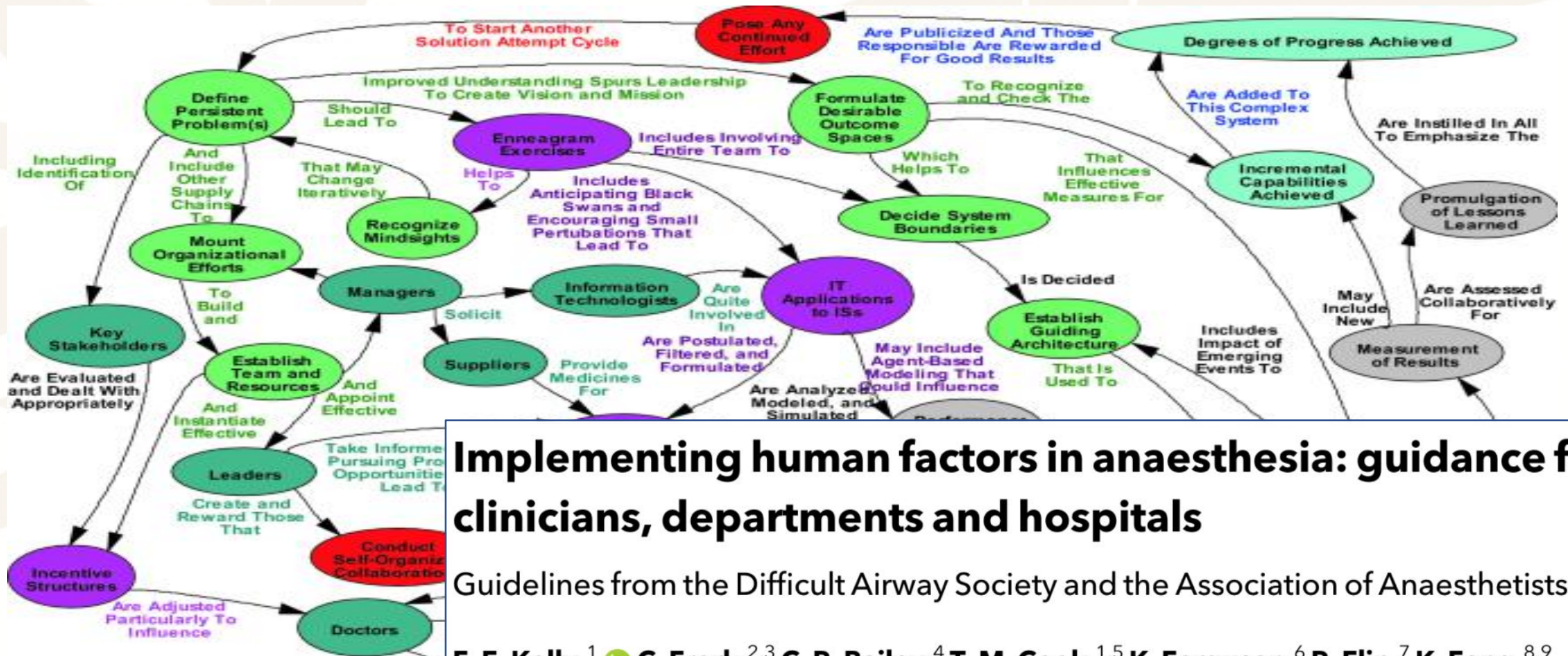
PROPOSED SOLUTIONS

- Anticipate difficult intubation
- Time out/Huddle
- Assign roles
- Set expectations for primary & backup plans

- Passive oxygenation
- Use advanced airway techniques early
- Spontaneous vs. controlled ventilation

- Do not wait for difficult airway to practice skills
- Use of cognitive aids
- Availability of experienced help

Complex Systems and Medicine



Implementing human factors in anaesthesia: guidance for clinicians, departments and hospitals

Guidelines from the Difficult Airway Society and the Association of Anaesthetists

F. E. Kelly,¹  C. Frerk,^{2,3} C. R. Bailey,⁴ T. M. Cook,^{1,5} K. Ferguson,⁶ R. Flin,⁷ K. Fong,^{8,9} P. Groom,¹⁰ C. John,¹¹ A. R. Lang,¹² T. Meek,¹³ K. L. Miller,¹⁴ L. Richmond,¹⁵ N. Sevdalis¹⁶ and M. R. Stacey¹⁷

Take home messages

- Successful intubation is the result of multiple factors
- VL, O₂, “adequate” anaesthesia are fundamental on daily practice
- Be prepared to the extremes (CICO)
- Human factors can have a predominant influence (+/-)

.....and.....

.....aim for first attempt success!

